Eastown Fallfest 5K Run Sponsors:

Please support the following sponsors who are helping to make this event possible:

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Eastown Grand Haven Association

Eastown Fallfest 5K

2010 Eastown Fallfest 5K Run

Saturday, October 2
8:30 a.m.
East Grand River Park
Eastown - Grand Haven

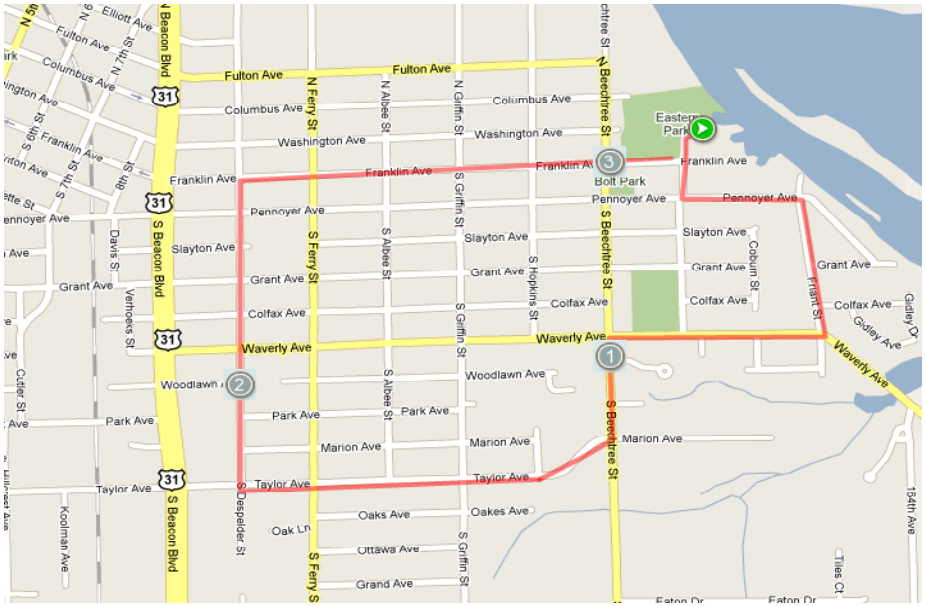
Welcome to the Third Annual Eastown Fallfest 5K Run!

Saturday, October 2
8:30 a.m.
East Grand River Park - Eastown Grand Haven

Come and enjoy a run through the Eastown neighborhood then stay for the fun!

• Pancake Breakfast	9:00 - 11:00 a.m.
• Free Kids Events	10:00 a.m. - 2:00 p.m.
• Mustang Rally	10:00 a.m. - 2:00 p.m.
• Pet Expo	10:00 a.m. - 2:00 p.m.
• Food Booths	10:00 a.m. - 6:00 p.m.
• WGHN's Parade-a-Palooza	11:00 a.m.
• Big Wheel Race	11:30 a.m.
• 'Eastown Sounds' Family Picnic	2:00 - 6:00 p.m.

Course Map:



For more information, please contact:
5Krace@eastowngrandhaven.org

Entry Fees:

- On-line - $20
- Mail-in (Postmarked by September 21) - $20
- Student (K - 12) - $15
- Family (up to 5 family members) - $
- Event Day Registration - $25

Entry fee includes a long-sleeve cotton t-shirt.
Wicking shirt available for additional cost.

Register:

On-line at www.GoRaceGo.com or mail-in or drop-off at:

Eastown Association
P.O. Box 41 / 1125 Washington
Grand Haven, MI 49417

Checks payable to Eastown Association - 5K

Packet Pick-up / Late Registration:

Beginning race day at 7:30 a.m.

Awards:

Awards will be given to the top overall male and female winners, and to the top three place finishers in each age group. Awards will be presented after the event at East End Park.

Age Groups (please circle):

14 & Under	15 - 19	20 - 24
25 - 29	30 - 34	35 - 39
40-44	45 - 49	50 - 54
55 - 59	60 - 64	65 - 69
70 & Over		

Registration Form:

Name: _____

Address: _____

City: _____

State / ZIP: _____

Phone: _____

E-mail: _____

Date of birth: _____ / _____ / _____

Age on race day: _____ Female / Male (circle one)

T-shirt Size: S M L XL XXL ($2 extra)

Wicking Shirt (additional cost):

Short sleeve ($11) S M L XL XXL ($2 extra)
Long sleeve ($13) S M L XL XXL ($2 extra)

This race will be timed using a Sportag "chip" timing device provided by the race and Runners Edge Race Timing. I understand it needs to be returned after the race. I agree that I will pay a $25 replacement fee if I do not return the Sportag.

Waiver - Must read and sign:

In consideration of my entry, I attest and verify that I have full knowledge of the risks involved with this event and I assume those risks. I realize this is a strenuous activity and to the best of my knowledge, my training and health are adequate for safe participation. Furthermore, I agree to hold harmless the race committee, all sponsors, the City of Grand Haven and all volunteers against all claims, injuries, or damages as a result of my participation. I hereby give full permission to use my likeness in photographs for promotional purposes.

Signature _____
(If under 18, signature of parent / guardian)

Entry Fee Enclosed: _____
Add $2 for XXL t-shirt: _____
Additional cost for wicking shirt: _____
Total enclosed: _____